

# A MIND OF PEACE

ISAIAH 26:1-6

December 7th, 2025





# WAR, ANXIETY, AND DEPRESSION

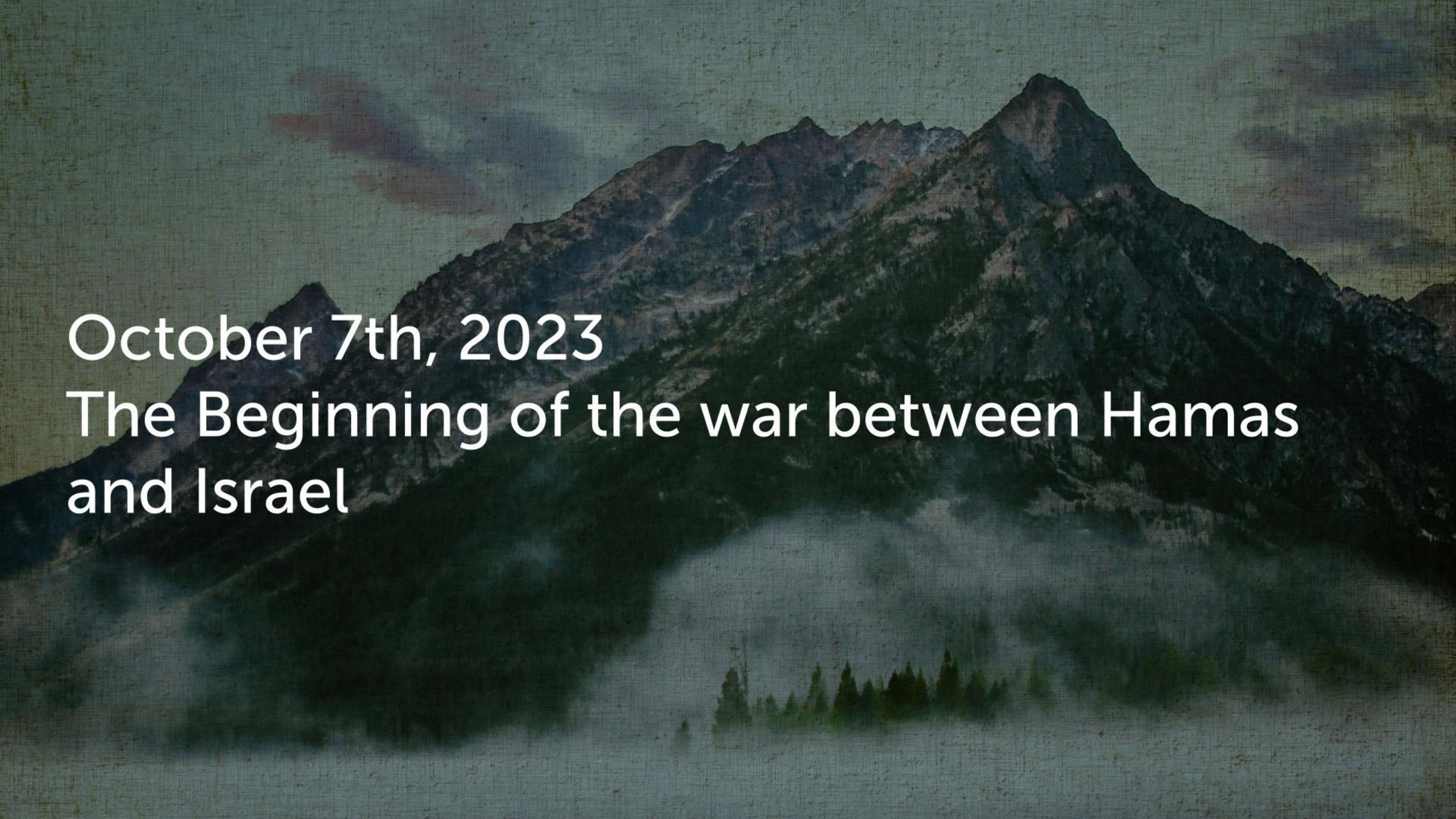




The background is a dark, atmospheric landscape painting. It features a range of jagged, rocky mountains in shades of dark blue, grey, and brown. The sky is a mix of dark teal and grey with some lighter, hazy patches. In the foreground, there is a calm body of water reflecting the dark tones of the scene. A line of dark evergreen trees sits on the far shore of the water. The overall mood is somber and mysterious.

February 24th, 2022  
Russian invasion of Ukraine



The background is a dark, atmospheric landscape painting. It features a prominent mountain range with jagged peaks, rendered in shades of dark blue, grey, and brown. The mountains are partially shrouded in mist or low-hanging clouds. In the foreground, a calm body of water, likely a lake, reflects the dark tones of the sky and mountains. A small cluster of dark evergreen trees stands on a small island or peninsula in the middle of the lake. The overall mood is somber and dramatic, with a muted color palette dominated by blues, greys, and dark greens.

October 7th, 2023  
The Beginning of the war between Hamas  
and Israel



The background is a dark, atmospheric landscape painting. It features a range of jagged, rocky mountains in shades of dark blue, grey, and brown. The sky is a mix of dark teal and grey with some lighter, hazy areas. In the foreground, there is a calm body of water reflecting the dark tones of the scene. A line of dark green trees is visible on the right side of the foreground. The overall mood is somber and mysterious.

April 15, 2023  
Sudanese Civil War







**ISAIAH TAUGHT THAT LASTING PEACE COMES  
NOT THROUGH POLITICAL REFORM, BUT  
THROUGH SPIRITUAL REFORM— CHANGING  
WHAT OUR HEARTS DEPEND UPON.**





**LET US, AS THE PEOPLE OF GOD,  
REGAIN AND RETAIN THE PEACE  
THAT GOD GIVES US THROUGH  
DEPENDING ON HIM.**





**ISAIAH 26:1 “ON THAT DAY THIS SONG  
WILL BE SUNG IN THE LAND OF JUDAH: WE  
HAVE A STRONG CITY. SALVATION IS  
ESTABLISHED AS WALLS AND RAMPARTS. ”**









**ISAIAH 26:2 OPEN THE GATES SO A  
RIGHTEOUS NATION CAN COME IN  
— ONE THAT REMAINS FAITHFUL.”**





# SALVATION IS OUR FOUNDATION





**ISAIAH 26:3-4 “YOU WILL KEEP THE MIND  
THAT IS DEPENDENT ON YOU IN PERFECT  
PEACE, FOR IT IS TRUSTING IN YOU. TRUST IN  
THE LORD THE LORD HIMSELF, IS AN  
EVERLASTING ROCK!”**





**GOD'S ACTIVE POWER (YOU WILL KEEP) WITH  
THE BELIEVER'S ACTIVE CHOICE (TRUST IN  
YOU), RESULTS IN GOD'S CONTINUOUS PASSIVE  
WORK OF PERFECT PEACE FOR THE MIND.**





# PHILIPPIANS 4:8–9





**WE CAN REGAIN AND RETAIN THE  
PEACE THAT GOD GIVES TO US  
THROUGH FULLY DEPENDING ON  
HIM AND NOTHING ELSE**





DEPENDENCE SECURES  
PERFECT PEACE





**ISAIAH 26:5-6 “FOR HE HAS HUMBLed THOSE WHO  
LIVE IN LOFTY PLACES— AN INACCESSIBLE CITY. HE  
BRINGS IT DOWN; HE BRINGS IT DOWN TO THE  
GROUND; HE THROWS IT TO THE DUST. FEET  
TRAMPLE IT, THE FEET OF THE HUMBLE, THE STEPS  
OF THE POOR.”**





**MATTHEW 5:3 “BLESSED ARE THE  
POOR IN SPIRIT, FOR THE  
KINGDOM OF HEAVEN IS THEIRS.”**





**MATTHEW 5:5 “BLESSED ARE  
THE HUMBLE, FOR THEY  
WILL INHERIT THE EARTH.”**





**JAMES 4:6 “BUT HE GIVES GREATER  
GRACE. THEREFORE IT SAYS: ‘GOD  
RESISTS THE PROUD BUT GIVES  
GRACE TO THE HUMBLE.’”**





**“WE ARE BEGGARS, THIS IS TRUE”**

Martin Luther





TRUE DEPENDENCE  
BREEDS HUMILITY





# SO WHAT NOW?





1.

# CULTIVATE A STEADFAST MIND





# 2. BUILD THE RAMPART OF SALVATION IN YOUR LIFE





# 3. EMBRACE THE HUMBLE TRAMPLE

