

Trusted to be Adjusted



If you are a Christian:

- **God** has certain expectations of you
- your **unbelieving neighbor** has certain expectations of you
- your **fellow believers** have expectations

Trusted to be adjusted.... analogy  
of injury/chiropractic

What does it mean to be well adjusted?

- physical > handle exercise/exertion
  - STABLE •BALANCED
- spiritual > YES!

We are hard pressed on every side but not crushed; perplexed but not in despair; persecuted but not abandoned; struck down but not destroyed (*11 Cor. 4:8*). **THIS IS “WELL ADJUSTED”!**

**STRONG enough to lift others**

- strength is “received from” God

You are not strong enough to lift others  
if you are weak yourself.

We who are strong have an obligation to bear the weakness of those without strength and not to please only ourselves (*Romans 15:1*).



Why do you wish to be strong (in the Lord)?

- hope of heaven?
- have an easier or more pleasant life for your self?
- to be able to help others who are not strong?

**WISE enough to teach others**

Those who are ignorant, foolish, or confused  
need someone to **admonish** and **teach** them.

We proclaim him, admonishing and teaching everyone with all **wisdom**, so that we may **present everyone perfect** in Christ... I labor, struggling with all his **energy** that so powerfully works in me. (*Col. 1:28-29*)

This can only be someone well adjusted enough  
to see, care, and speak. **IS THIS YOU?**

**PASSIONATE** enough to motivate others.

Your help is **needed** because...

You are **trusted** because...

You are **competent**...

**Confidence** in self is not nearly  
so important as **passion** for Christ!

\*If you love Christ, that will go a long  
way toward keeping you “adjusted”!



- Therefore, you do not lack any spiritual gift as you eagerly wait for our Lord Jesus Christ  
*(1 Cor. 1:7)*

- Now to each person the spirit is given for the common good *(1 Cor. 12:7)*.