

So strong is our flesh that contentment often eludes us.

Contentment is more than being able to live happily in your current circumstances. It is deeper and more exciting than that!

ATTITUDE (Philippians 3:4-11)

Whatever serves mainly to give me "confidence in the flesh" is considered irrelevant or expendable for the sake of Christ.

If any of these are damaged/lost, that **cannot prevent** me from "gaining" Christ.

POINT None of these matter as much as Christ matters to me!

GOAL (Philippians 3:12-16)

(vs. 12)

To fulfill/accomplish <u>God's</u>
 <u>purpose</u> for my life.

(vs. 13) • To accept that my past has <u>passed</u>, so that I can actually <u>appreciate</u> the present and <u>prepare</u> for the future.

(vs. 15)

To pursue the state
 of "maturity" in
 each circumstance

POINT Contentment does NOT mean **lethargy**, **apathy**, or **absence** of goals!

SECRET (Philippians 4:4-13)

Rejoice in the Lord (v 4)

Let the <u>presence</u> of the Lord calm your emotions/expressions (5)

Speak to God about troubling/worrisome circumstances (6)

Beyond continually asking for peace... receive it! (7)

Replace fear or anger with thoughts that actually contemplate **positive realities**! (vs. 8)

- "do" translates <u>ischuo</u> that is translated in other places by these powerful words.
 - √ endure
 - √ accept
 - √ triumph over
 - ✓ overpower
 - ✓ prevail
 - √ be effective

God's inner spiritual strength is given to surpass the most dire difficulty. As I tap into it, I become <u>content</u>.

Three times I pleaded with the Lord to take it away from me. But he said to me, "My grace is sufficient for you, for my power is made perfect in weakness."

(11 Cor. 12:9)