



In · Courage



Why do people feel **DISCOURAGED**?

HUMILIATED

My problem is unique... no one can really understand or care.

ENCOURAGEMENT = Assurance
that they are NOT alone.

When others are happy, be
happy with them. If they are
sad, share their sorrow.

(Romans 12:10)

USELESS

My effort is wasted... my work
has been ineffective

**ENCOURAGEMENT = Realization
that we can only see the short view.**

Don't ever get tired of doing what is good. Don't get discouraged or give up, for we will reap a harvest of blessing at the proper time. *(Galatians 6:9)*

Stand firm. Let nothing move you. Always give yourself fully to the work of the Lord, because you know that you labor in the Lord IS NOT IN VAIN.

(1 Cor. 15:58)

HELPLESS

I see the solution, but have no influence to effect the solution.

a) REMINDER Not accountable
to God for the foolishness of others.

b) REMINDER God can create
access/influences/favor... PRAY
FOR IT!

ENCOURAGEMENT = Reminder that
God knows their desires and efforts.

Shut the door and pray to your Father secretly. Then your Father, who knows what is done in secret, will reward you.

(Matthew 6:6)

HOPELESS

I will need to fight this battle the **rest**
of my **life!**

ENCOURAGEMENT = Perspective...

The joyful fact that you
are **alive** to fight and
have **resources** to fight with.

His divine power has given us everything we need for life and godliness... he has called us to his own glory and goodness... great and precious promises so that through them you may participate in divine nature... Make every effort to apply the benefits of these promises to your life... you will become productive and effective in your knowledge of the Lord.

(II Peter 1:3-8)

May the praise of God be in their mouths
and a double edged sword in their hands!

(Psalm 149:6)

Often you must **encourage yourself.**

HOW?

Give God some **time**. (prayer)

Give God some **credit**. (advice for you...
Bible)

Give people a **chance**. (express your
discouragement... ask
for encouragement)

Listen to some **music**. (folks have been
there!)