

sanctity

The central purpose of the Sabbath was to be a focus upon holiness!

- **distinction** from other days **REST!**
- **dedication** to the Lord **REFLECT!**
- **deliberation** on God's works **REJOICE!**

Then he said to them, “The Sabbath was made for man, not man for the Sabbath. So the Son of Man is Lord, even of the Sabbath.” *(Mark 2:27-28)*

JESUS ... Sabbath was designed
as a **benefit** rather than a **burden**
for mankind!

The law said, “No work”

Jesus said, “The law has been broken before when human need was critical”

i.e. Holiness does not preempt helpfulness ... even on the Sabbath

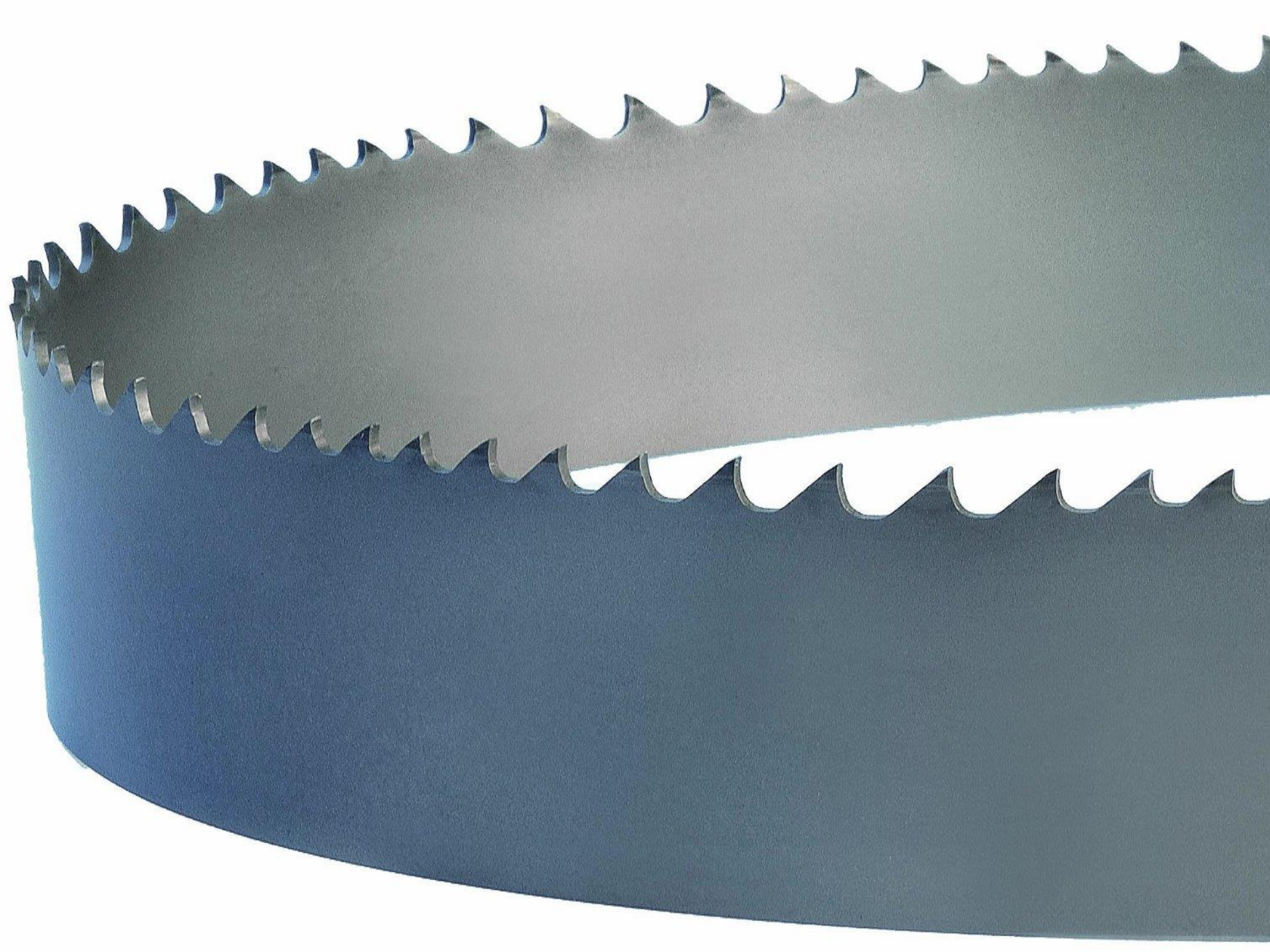
When criticized for healing on the Sabbath, Jesus responded by saying God rejoices when someone is healed on the Sabbath i.e. “The gift should be used to honor the giver.”

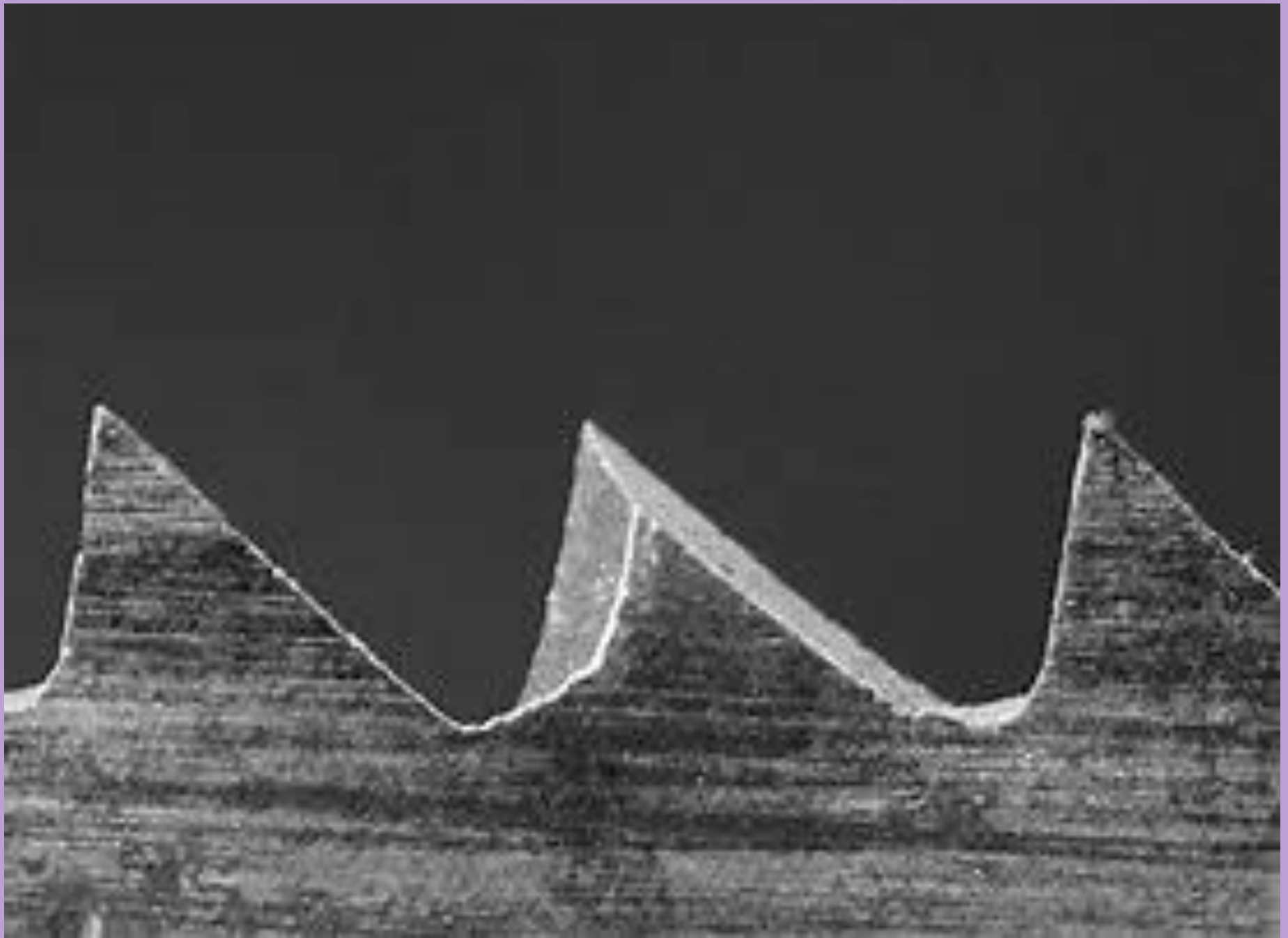
The commandment of Sabbath/
"holy time" is **still valid!**

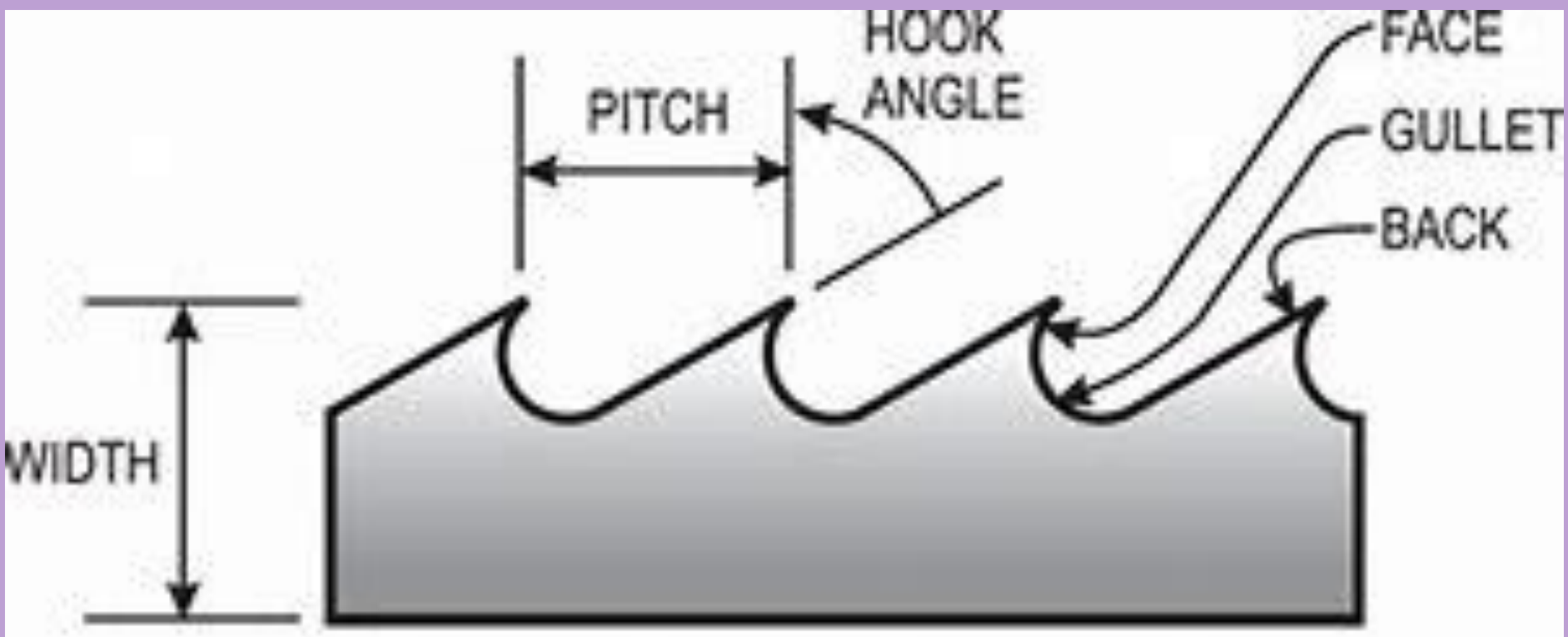
We must trust in God's provision
enough to trade some work time
for some worship time.

We should be very careful about commerce and expectations **upon others** in order to encourage/allow them to observe Sabbath.

We should practice a rhythm of projection/reflection in order to allow our soul to catch up with our body and give God the opportunity to restock our empty shelves with his abundant resources.

















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